

## On-Demand Pre-Course Lectures

### TREAT THE JOINT AS AN ORGAN

Management of Concomitant Pathology	<i>Jack Farr, MD</i>
Evolving ACL Concepts: Tibial Slope, Lateral Extra-Articular, Ramp Lesions	<i>Kristofer Jones, MD</i>
Complex Meniscus Tears: Roots and Radials	<i>Adam Yanke, MD</i>
Meniscus Restoration: Transplantation, Scaffolds, and Implants	<i>Wayne K. Gersoff, MD</i>
Osteotomy in Cartilage Repair	<i>Alan Getgood, MD, FRCS(Tr&amp;Orth), DipSEM</i>

### JOINT PRESERVATION SURGICAL TECHNIQUES

Joint Preservation Surgical Techniques: Microfracture, Microfracture Plus, Cartiform	<i>Kai Mithoefer, MD</i>
Osteochondral Grafting - Who, When, Where, Why and How	<i>Ralph A. Gambardella, MD</i>
Cell Based Cartilage Repair	<i>Andreas Gomoll, MD</i>
Fresh Osteochondral Allografts for Cartilage Lesions in the Knee	<i>William Bugbee, MD</i>
Understanding the Context, Causes, Treatment of Bone Marrow Lesions	<i>Bert R. Mandelbaum, MD, DHL (hon)</i>
CARTIHEAL Agili-C Implant for Chondral and Osteochondral Defects	<i>Kenneth R. Zaslav, MD</i>
Stem Cells and Scaffolds	<i>Alberto Gobbi, MD</i>

### SPECIAL CONSIDERATIONS

Patellofemoral Cartilage Restoration	<i>Seth L. Sherman, MD</i>
Articular Cartilage Lesions of the Hip - Assessment and Management Options	<i>Michael Banffy, MD</i>
Special Considerations: Osteochondritis Dissecans	<i>Marc Tompkins, MD</i>
Cartilage Repair in the Pediatric Population	<i>Natasha Trentacosta, MD</i>
Orthobiologics for Knee Joint Preservation	<i>Rachel M. Frank, MD</i>

### PATELLOFEMORAL INSTABILITY

Newer Evidence in First Time Patellar Dislocation: Nonoperative vs Repair vs Reconstruction	<i>Jack Farr, MD</i>
Clinical and Radiological Workup of Patellofemoral Instability	<i>Christian Lattermann, MD</i>
Getting it Right: Medial Anatomy and Soft Tissue Stabilization	<i>Seth L. Sherman, MD</i>
Getting it Right: Lateral Anatomy and Soft Tissue Balancing	<i>Andreas Gomoll, MD</i>
Getting it Right: When to Add TTO and What Type	<i>Sabrina M. Strickland, MD</i>



**Friday, February 7<sup>th</sup> · Sunset Ballroom**

**6:00 AM – 7:00 AM Breakfast in Exhibit Hall**

**7:00 AM – 7:55 AM Session I: Cartilage Restoration Lectures**

7:00 AM – 7:05 AM Welcome and Introductions

**Conference Director:** *Ralph A. Gambardella, MD*  
**Conference Director:** *Bert Mandelbaum, MD, DHL (hon)*  
**Program Co-Chair:** *Rachel M. Frank, MD*  
**Program Co-Chair:** *Seth L. Sherman, MD*  
**Workshop Chair:** *Wayne K. Gersoff, MD*

7:05 AM – 7:15 AM Overview: How to Build a Cartilage Practice  
*Bert Mandelbaum, MD, DHL (hon)*

7:15 AM – 7:25 AM Clinical and Radiographic Evaluation of Cartilage Patients  
*Rachel M. Frank, MD*

7:25 AM – 7:35 AM Arthroplasty vs. Cartilage (Save vs. Replace)  
*William Bugbee, MD*

7:35 AM – 7:45 AM Philosophy of Cartilage Repair: Determining How and When to Treat  
*Brian J. Cole, MD, MBA*

7:45 AM – 7:55 AM Biologics for Knee Surgery & Osteoarthritis  
*Camila Cohen Kaleka, MD, PhD*

**7:55 AM – 10:30 AM Session II: Live Surgical Demonstrations**

7:55 AM – 8:15 AM Lateral Meniscus Horizontal and Radial Repair with FastFix 360 and NOVOSTITCH Pro

**Surgeon:** *David C. Flanigan, MD*  
**Moderator:** *Kristofer Jones, MD*

**Smith + Nephew**

8:15 AM – 8:35 AM Medial Meniscus Root Repair with Sutureloc & Centralization. All-Inside Repair with Fiberstitch 1.5

**Surgeon:** *Rachel M. Frank, MD*  
**Moderator:** *Sommer Hammoud, MD*

**Arthrex**

8:35 AM – 8:50 AM Bucket Handle Meniscus Tear All-Inside Repair with SuperBall

**Surgeon:** *Wayne K. Gersoff, MD*  
**Moderator:** *Kenneth R. Zaslav, MD*

**Arcuro Medical**

8:50 AM – 9:10 AM Medial and Lateral Meniscus Transplants

**Surgeon:** *Thomas Carter, MD*  
**Moderator:** *Brian J. Cole, MD, MBA*

**Arthrex and JRF Ortho**

9:10 AM – 9:30 AM Viable Cartilage Allograft with CartiMax Meniscus Ramp Repair with MVP and AIM

**Surgeon:** *Tim Wang, MD*  
**Moderator:** *Brian R. Waterman, MD*

**ConMed**

9:30 AM – 9:50 AM Osteochondral Autograft Transfer (OAT) with COR and Meniscus All-Inside Repair with TRUSPAN

**Surgeon:** *Ralph A. Gambardella, MD*  
**Moderator:** *Kevin Plancher, MD, MPH*

**Johnson & Johnson  
MedTech**

9:50 AM – 10:10 AM Aragonite Scaffold with CARTIHEAL Agili-C

**Surgeon:** *Simon Goertz, MD*  
**Moderator:** *Kenneth R Zaslav, MD*

**Smith + Nephew**

10:10 AM – 10:30 AM Particulated Autograft and IntraOsseous BioPlasty (IOBP) Procedure

**Surgeon:** *Jason M. Scopp, MD*  
**Moderator:** *Bert Mandelbaum, MD, DHL (hon)*

**Arthrex**

**10:30 AM – 11:10 AM Exhibits Break**



## Friday, February 7<sup>th</sup> - Sunset Ballroom

<b>11:10 AM – 11:40 AM Session III: Patellofemoral Lectures</b>		
11:10 AM – 11:20 AM	Treatment Algorithm for PF Instability: Surgical Indications and Procedure Choice(s) <i>Miho J. Tanaka, MD, PhD</i>	
11:20 AM – 11:30 AM	Patellofemoral Joint Preservation in 2025 <i>Seth L. Sherman, MD</i>	
11:30 AM – 11:40 AM	Complications and How to Avoid Them <i>John P. Fulkerson, MD</i>	
<b>11:40 AM – 12:50 PM Lunch</b>		
<b>12:50 PM – 1:00 PM Session IV: Lectures</b>		
12:50 PM – 1:00 PM	Sports Nutrition <i>Reza Jazayeri, MD</i>	<b>Xcelerated Recovery</b>
<b>1:00 PM – 3:30 PM Session V: Live Surgical Demonstrations</b>		
1:00 PM – 1:25 PM	MACI (Arthro and Open) <b>Surgeon:</b> David C. Flanigan, MD and Seth L. Sherman, MD <b>Moderator:</b> Brian R. Waterman, MD	<b>Vericel</b>
1:25 PM – 1:45 PM	Osteochondral Allograft (OCA) <b>Surgeon:</b> William Bugbee, MD <b>Moderator:</b> Simon Goertz, MD	<b>JRF Ortho and Arthrex</b>
1:45 PM – 2:00 PM	Patella Stabilization (MQTFL) <b>Surgeon:</b> Miho J. Tanaka, MD, PhD <b>Moderator:</b> John P. Fulkerson, MD	<b>ConMed</b>
2:00 PM – 2:15 PM	Patella Stabilization (MPFL) <b>Surgeon:</b> Dean Wang, MD <b>Moderator:</b> Wayne K. Gersoff, MD	<b>Stryker</b>
2:15 PM – 2:35 PM	Tibial Tubercle Osteotomy <b>Surgeon:</b> Seth L. Sherman, MD <b>Moderator:</b> John P. Fulkerson, MD	<b>Kinamed</b>
2:35 PM – 2:55 PM	Distal Femoral Osteotomy <b>Surgeon:</b> Dean Wang, MD <b>Moderator:</b> William Bugbee, MD	<b>NewClip</b>
2:55 PM – 3:15 PM	High Tibial Osteotomy <b>Surgeon:</b> Rachel M. Frank, MD <b>Moderator:</b> Seth L. Sherman, MD	<b>BodyCad</b>
3:15 PM – 3:30 PM	Focal Arthroplasty for Early Knee Arthritis <b>Surgeon:</b> Tim Wang, MD <b>Moderator:</b> Kristofer Jones, MD	<b>Overture Orthopedics</b>
<b>3:30 PM – 3:55 PM Exhibits Break</b>		
<b>3:55 PM – 6:00 PM Session VI: Case Presentations</b>		
<b>Moderators:</b> Rachel M. Frank, MD and Seth L. Sherman, MD		
<b>Panelists:</b> Moisés Cohen, MD, PhD, Prof., Brian J. Cole, MD, MBA Ralph A. Gambardella, MD, Wayne K. Gersoff, MD, Bert Mandelbaum, MD, DHL (hon)		
3:55 PM – 4:00 PM	Introduction & Break into Teams	
4:00 PM – 4:20 PM	Case I: Small Defect	<i>Simon Goertz, MD</i>
4:20 PM – 4:40 PM	Case II: Large Defect	<i>Sommer Hammoud, MD</i>
4:40 PM – 5:00 PM	Case III: Complex Reconstruction	<i>Jason M. Scopp, MD</i>
5:00 PM – 5:20 PM	Case IV: Patellofemoral Focal Defect	<i>Kristofer Jones, MD</i>
5:20 PM – 5:40 PM	Case V: Recurrent Patellar Instability	<i>Miho J. Tanaka, MD, PhD</i>
5:40 PM – 6:00 PM	Case VI: Patellofemoral Complex Reconstruction	<i>David C. Flanigan, MD</i>
<b>6:00 PM – 7:30 PM Annual ISMF Conference Reception (Dinner on own)</b>		

**Saturday, February 8<sup>th</sup> - Sunset Ballroom**

- 7:00 AM – 8:00 AM Breakfast in Exhibit Hall**
- 8:00 AM – 8:10 AM Celebrating 25 Years of the ISMF Conference**  
8:00 AM – 8:10 AM Where We've Been, Looking to the Future  
*Conference Director: Bert Mandelbaum, MD, DHL (hon)*
- 8:10 AM – 9:00 AM Session VII: Keynote Presentation**
- 8:10 AM – 8:15 AM Introduction  
*Bert Mandelbaum, MD, DHL (hon)*
- 8:15 AM – 8:45 AM A Journey of Passion and Dedication  
*Moisés Cohen, MD, PhD, Prof.*
- 8:45 AM – 8:55 AM Discussion
- 8:55 AM – 9:00 AM Workshop Overview and Instruction  
*Workshop Chair: Wayne K. Gersoff, MD*
- 9:00 AM – 9:30 AM Exhibits Break**

**Saturday, February 8<sup>th</sup> - Grand Pacific Ballroom**

- 9:30 AM – 1:30 PM Hands-On Lab: Cartilage Restoration and Patellofemoral**
- 9:30 AM – 1:30 PM **Procedures:**  
Meniscal Repair, Microfracture, Osteochondral Autograft, Osteochondral Allograft, Meniscal Transplant, MACI, Tibial Tubercle Osteotomy, Lateral Retinaculum Lengthening, MPFL, HTO/DFO
- Workshop Faculty:**
- |   |                                       |
|---|---------------------------------------|
| <i>Wayne K. Gersoff, MD, Workshop Chair</i> | <i>Reza Jazayeri, MD</i>              |
| <i>Stephen P. Abelow, MD, Prof</i>          | <i>Kristofer Jones, MD</i>            |
| <i>William Bugbee, MD</i>                   | <i>Bert Mandelbaum, MD, DHL (hon)</i> |
| <i>Thomas Carter, MD</i>                    | <i>Kevin Plancher, MD, MPH</i>        |
| <i>Moisés Cohen, MD, PhD, Prof.</i>         | <i>David Schub, MD</i>                |
| <i>Camila Cohen Kaleka, MD, PhD</i>         | <i>Seth L. Sherman, MD</i>            |
| <i>Brian J. Cole, MD, MBA</i>               | <i>Jason M. Scopp, MD</i>             |
| <i>Rachel M. Frank, MD</i>                  | <i>Yuhang Sun, MD</i>                 |
| <i>David C. Flanigan, MD</i>                | <i>Miho J. Tanaka, MD, PhD</i>        |
| <i>John P. Fulkerson, MD</i>                | <i>Dean Wang, MD</i>                  |
| <i>Ralph A. Gambardella, MD</i>             | <i>Tim Wang, MD</i>                   |
| <i>Simon Goertz, MD</i>                     | <i>Brian R. Waterman, MD</i>          |
| <i>Sommer Hammoud, MD</i>                   | <i>Kenneth R. Zaslav, MD</i>          |

**1:30 PM – 2:30 PM Lunch and Adjourn**

ISMF Interactive Agenda



**ISAKOS**  
APPROVED  
COURSE